

# Emergency Room Or Urgent Care: *Which One Should You Choose?*

If you have questions, you may always call your Primary Care Provider (PCP) first, if you aren't sure what type of care you may need.

Your PCP's phone number: \_\_\_\_\_ 24/7 Nurse Helpline: 1.800.859.9889

To find an urgent care center near you, download an updated Urgent Care Brochure. Visit [www.ct.gov/husky](http://www.ct.gov/husky), click "For Members," then "View a list of Urgent Care Centers" under the "Find a Doctor" menu item.



## When Should You Go to Urgent Care? Examples Include:

- Sore throat or cough
- Cold or flu symptoms
- Ear pain
- Urinary tract infections
- Mild rash
- Fever lasting 24+ hours
- Sprains
- Unable to get an appointment with your PCP
- Toothache



## When Should You Go to the ER? Examples Include:

- Chest pain & shortness of breath
- Broken bones and dislocated joints
- Head or eye injuries
- Changes in mental state
- Fainting or loss of consciousness
- Severe pain
- Bleeding from a large open wound

If you go to the ER or an urgent care center, please schedule a follow-up appointment with your PCP within 7 days of your visit.

